

Spring After School Clubs with NYS

Programs run for 6 weeks and begin the week of May 4th. There is a late bus available for Nock students, that leaves at 3:30pm M-Th. To register for programs, complete the registration form and return with payment to the school or the NYS office by Thurs, April 30th (Checks payable to: City of Newburyport). If material fees apply, they are paid to the instructor on the first day. Registration is first come first serve, some classes have a limit. Programs do not run when school is not in session (i.e. holidays, early release days). If you have any questions please call NYS at 978.465.4434 or email youthservices@cityofnewburyport.com.

Rockin' Power Walking for Grade 5 on Mon & Fri @ 2:45-4:15 w/ Kathleen Riley COST: \$50
Bring your iPod and join us, as we burn calories and make new friends. We'll enjoy all that our town has to offer as we safely power walk three miles together. It truly is a GREAT activity to be a part of!

Molin Rockstars for Grades 4 & 5 on Mon @ 2:40-4:30 w/ NYS Staff COST: \$105
Nock Rockstars for Grades 6-8 on Wed @ 2:00-4:00 w/ NYS Staff COST: \$105
NO EXPERIENCE NECESSARY! Includes day pass, belayers, gear rental and supervision. Climbers will be supervised and belayed by NYS staff. Climbers will meet at the Nock/Molin front doors and walk to MetroRock with NYS staff. Participants will need to complete a waiver at MetroRock before the program begins. Pick up is at MetroRock.*** 50% discount if you have a membership at MetroRock.

Conditioning for Grades 6-8 on Thurs & Fri @ 2:05-3:20 w/ Jay Murphy COST: \$50
Strength training will begin in the middle school weight room. This program will offer girls and boys an opportunity to learn proper lifting mechanics, spotting techniques, weight selections and weight room safety. You will be using stability balls, medicine balls, strength cords, dumbbells and other free weights.

Chess and Games for Grades 4 & 5 on Mon @ 2:40-3:45 w/ Josh Simeone COST: \$40
Each class is open play! Choose between Chess, Risk, Monopoly, Uno, and more! Strategy and fun are the name of the game! The instructor will be happy to give tips and hints to improve your skill and ability.

Book Club for Grade 5 on Tues @ 2:40-3:45 w/ Maggie Flaherty COST: \$40 + \$5 material fee
Join the 5th grade book club where we will read a fun and exciting chapter book! The club will participate in discussion and activities related to the story and characters. Activities may include games, illustrations and skits.

Irish Step Dancing for Grades 4 & 5 on Tues @ 2:40-3:45 w/ Bracken School of Irish Dance COST: \$65
Love Riverdance? Under the direction of world renowned choreographer, Thomas Bracken, youth will learn beginner reels and jigs. A great way to spend some time embracing the Irish culture in a fun environment!



Jewelry Making for Grades 6-8 on Tues @ 2:00-3:20 w/ Margot from NYS

COST: \$50 + \$20 material fee

Join fellow jewelry lovers and make your own creations! Design your own clay beads, string necklaces and bracelets, make funky earrings, and more! There is no limit to the pieces you can make, as long as your imagination is running. No experience required—just a desire to learn and have fun!

Kickball for Grades 4 & 5 on Thurs @ 2:40-3:45 w/ Ray Crossman

COST: \$40

Come on out and join your friends in learning strategies, fun exercises, and sportsmanship. Popular before school, kickball is a classic game that's perfect following a long day in the classroom. Run around and enjoy the fresh air! This is a great way to get in shape and spend time with your buddies on a nice spring afternoon!

Ceramics for Grades 4 & 5 on Tues @ 2:40-3:45 w/ Christina Dubin

COST: \$50 + \$30 material fee

Come and get your hands dirty while learning the art of ceramics! We will be covering the basics and explore hand-building techniques such as pinch, coil, and slab. After the pieces have been fired, you will learn ways to apply glaze and surface decorations. The best part is you get to take your work home and use it!

Molin Survivors for Grades 4 & 5 on Fri @ 2:40-4:00 w/ Joann Healey

COST: \$50 + \$10 material fee

Join Wildlife Biologist Joann Healey as we head outdoors to learn some basic survivor skills for hiking and camping, including knot tying and map and compass, and play fun, active games. We'll also learn skills from our local Native Americans including wild edibles, fire making, flint knapping, dream catchers, and games.

**Club rooms will be announced in school for the students.
Pick up is in the front of the school at the end of the club.**



Explore More!
NEWBURYPORT YOUTH SERVICES



AFTER SCHOOL CLUB AND PROGRAM PERMISSION FORM AND WAIVER

For more information, please contact Youth Services
978.465.4434 or email YouthServices@CityofNewburyport.com

Applicant's Name _____ If child: / / _____
only one name per form except couple & family courses date of birth age grade

Parent/Guardian's Names _____

Home Phone _____ Work Phone: _____ Cell Phone(s) _____

Email: _____ **** Make sure you have signed the release below**

Address _____ Town/Zip _____

Emergency Contact: Name: _____ Number: _____

Please note any medical or behavioral information we should know in case of an emergency: (or n/a)

Program Name	Fee	Will your child be taking the Late Bus? **Nock students only
_____	\$ _____	YES NO
_____	\$ _____	Does your child have special needs you would like to discuss further with our staff?
_____	\$ _____	
_____	\$ _____	YES NO
TOTAL	\$ _____	Does your child require one on one support? YES NO

Parental Consent & Parent/Guardian Release Form

I, the undersigned of my child, a minor, do hereby consent to my child's participation in voluntary programs of the City of Newburyport's Youth Services Division.

On behalf of myself and my child, I also agree to forever release the City of Newburyport and all of their employees, agents, officials, board members, volunteers and also any and all individuals and organizations assisting or participating in programs of the Youth Services Division (the "Releasees") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child's participation in the City of Newburyport's voluntary programs in the Youth Services Division.

On behalf of myself and my child, I also promise, to indemnify, defend and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, arising directly or indirectly from my child's participation in the City of Newburyport's voluntary programs in its Youth Services Division.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my child's participation in these programs is voluntary and that my child and I are free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to allow my child to participate in the these programs with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage which my child may suffer in these programs.

Rec'd by: _____	Date: _____	FOR OFFICE USE ONLY	Refund requested Date: _____
Amount collected: \$ _____	Ch # _____ Cash		Refund amount _____